

TRENTHAM

Trentham & Districts Community Newsletter Auspiced by Trentham Neighbourhood Centre No. 117, April 2012

Trentham Market Brings Out Local Identities

Cool Country Living

No matter what the weather is like, the Trentham Farmers' market is always a great place to catch up with friends, family and meet new people. The March market brought out our St Patrick's Day musicians with three generations of Walsh family members entertaining us with beautiful Irish songs.

Sitting outside the newsagency was another well established Trentham family. Bill Brown, a former Trentham Fire Brigade captain, reminisces of days gone by. He joined the CFA in 1957 and has given a long and dedicated service to our community. Bill and four of his boys were caught in the Springhill-Trentham fires a few years back and were lucky to survive the ordeal. Bill laughs as he tells of jumping up when he heard the CFA call and falling over – having forgotten that he had lost one of his legs! Daniel Matheson was his grandfather and the first Trentham Fire Brigade captain – CFA runs in this family's blood.

Sharing a laugh together are some other locals – Barry Mahar, coach of our Under 15s football team on crutches after an unsuccessful mark; Ken Byrne, local sparky and great SAINTS supporter and Brendan White and son Ben who can kick both feet and a torpedo!

Newcomers to town Rhiannon and son Tao enjoy the sunshine waiting for grandmother Yvonne to arrive in town. Rhiannon loves the community, finds Trentham a friendly place and likes the fact that she can have dogs, a no-no when living in Footscray. She is a full time mum and likes that everyone knows her little Tao when she walks him down the street.

So whether you have been here for generations, or you're new to Trentham, it's great to meet and greet down the street and share in the wonderful experience of Trentham 'Cool Country' living.

Sandra Mahar



ANZAC Day 2012

An ANZAC Day Dawn Service, March and Ceremony will take place on Wednesday 25 April 2012.

Every year sees more locals attending the ANZAC Day Dawn Service. Commencing at 6.00am, the Dawn Service will take place at the Cenotaph outside the Post Office. A cooked breakfast at the CFA Shed in Market Street will follow.

Participants in the ANZAC Day March are asked to form up in High Street at the Town Square at

11.00am to step off at 11.15am. The march will conclude at the Cenotaph where the ceremony will take place. Refreshments will be provided at the Trentham Neighbourhood Centre following the ceremony. All ex-servicemen and women as well as relatives of ex-service personnel and other community groups are welcome to participate. For further information on the march and ceremony please contact Mike Gretton on 5424 1897.



28 High St Trentham 5424 1691

100's of New Lines, Gluten Free, Organic & Health Foods

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The third Saturday of every month in Trentham's Town Square Community sausage sizzle all proceeds to local groups



Proudly sponsored by Trentham Lions Club



You are invited to

A MUSICAL EVENING

TRENTHAM NEIGHBOURHOOD CENTRE SATURDAY 21st April at 8pm

Classical and folk music with wine and cheese, followed by a delicious supper

\$25 / Concession \$15 Bookings 5424 1575

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Register at www.trentham.org.au, click on 'News & Events', then click Subscribe to 'The Trumpet'. Enjoy!

ABOUT THE TRENTHAM TRUMPET

Submissions to the **Trentham** Trumpet will be accepted up to and including the 20^{th} of each month. Please forward items for publication (including advertising) to:

Email: trumpet@trentham.org.au

Post: 108 Mulcahy's Road, Trentham 3458

Guidelines for contributions and advertising are available at www.trentham.org.au/news-events. A 300 word limit applies.

Contributions from residents are welcome.

Trentham Trumpet reserves the right to edit or refuse any article or advertising and to edit articles for length and clarity. The opinions expressed in articles are not necessarily those of the editor.

Your **Trentham** Trumpet is delivered to households in the town area of Trentham. Copies are also available at Trentham Newsagency; Trentham IGA; Trentham Petrol and Stuff; Pig and Whistle Hotel, East Trentham; Radio Springs Hotel, Lyonville. We thank all these businesses for their support.

Editorial Committee:

Pauline Nolan, Margaret Stockton, Victoria Wells and Ian Williams

Editorial and Advertising Rates Enquiries:

Ian Williams 5424 1199

Councillor's Corner

Well things are warming up in council's discussions regarding the 2012/13 budget. I am happy to say that Trentham projects feature more prominently than they have in previous years. I still had to state our case firmly and adamantly alongside the considerable individual and collective efforts of Trentham and Coliban Ward residents. Thanks particularly to the FORUM and a considerable amount of volunteer work that has gone into community planning organising - it was less of a struggle to have our needs and aspirations heard than it has been in previous years.

Having said that, short-term as well as long-standing inequities

still apply: in this upcoming budget it would still be hard to argue that the allocation to this area represents the input in terms of rates or population (or for that matter volunteer contributions). Meanwhile, I continue to work hard with interested community members and groups to right the wrong that is the disparate service levels of Trentham and Coliban Ward against other areas where there is a profusion of assets owned and managed by council.

It's sometimes a complex and difficult task working between community and a body like council. The more active interest taken by our community, the more equipped I am to represent our community to the fullest. In this regards my

job is made much easier by the support of the FORUM as they provide another angle from which to obtain information, collate and correlate arguments and to demonstrate ongoing and reliable connection to the community their needs and aspirations.

We continue to call on council as a whole to meet us in a collaborative model of community governance and will fight for that until we are on an equal footing with other wards and have achieved a respectful ongoing communication with council.

All the best Sebastian Klein Councillor for Coliban Ward sklein@hepburn.vic.gov.au 0428 33 11 73

FORUM Report: it's official - we don't get a fair go

- 15% = share of rates paid by Trentham / Coliban Ward
- 7.8% = Trentham's share of Council expenditure*

These figures are taken from information provided by Council. Note that Trentham's share of the rates paid is likely to increase due to Trentham growing faster than the other towns and having the highest percentage increase in Capital Improved Value in the latest round of property valuations.

* Expenditure is for those categories which can be allocated by town or Ward – individual comparisons are even worse. For example, Council spends nearly \$75,000 on maintaining Halls for community use but nothing in Trentham and just over \$80,000 supporting events and festivals. There is no budgeted support for Trentham events – which must compete for community

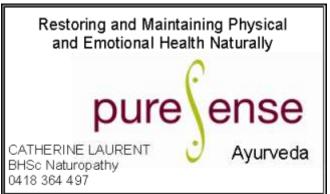
grants each year.

The FORUM has put a lot of work into obtaining this information and in a recent discussion with a senior Council officer, five members were told "Trentham has been screwed for years". And the best Council can offer Trentham is a lengthy process drawing up service level agreements for the provision of community facilities and services — which will take at least two years! Meanwhile Trentham / Coliban Ward (and Holcombe Ward) continue to subsidise Daylesford, Creswick and Clunes.

If you are unhappy about this, talk with a FORUM member and let Council know your feelings. The FORUM will continue to pursue this injustice but needs the community behind its endeavours.

Ian MacBean, Secretary 5424 1727





The Great Trentham Spudfest

Opening night, Friday 18 May – celebrating Trentham's potato-growing heritage. Mechanics Hall, \$20 per head which includes complimentary drink. Enjoy spudelicious finger food lovingly provided by the Trentham Combined Churches Committee and be entertained with music by Maria Forde and Family Farm. Peter Fernon and 'Reg' will drop by! Alcohol and soft drinks available for purchase. Everyone is welcome. Tickets go on sale Monday 16 April from Trentham Neighbourhood Centre (TNC) or at the door (limited numbers so get in early).

Spudtacular Dinner, Saturday 19 May – Mechanics Hall, \$70 per head. Catering by Spade to Blade serving an amazing array of potato-inspired dishes. Music by popular band, Black & Blue. Auction items and raffle prizes. Alcohol and soft drinks available for purchase. Tickets go on sale Monday 16 April from TNC. Organise your groups early as full payment is required at time of booking (cash, cheque or direct deposit).

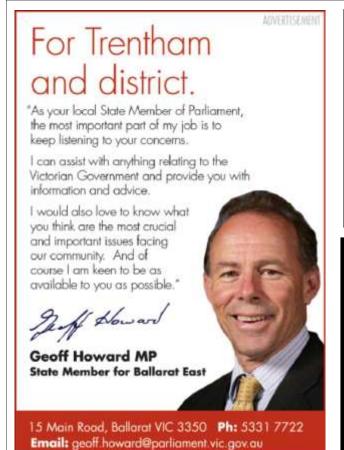
Spudfest needs you! Be a part of this great community event and help us make it a success. Can you help set up, clean up, attend a stall or info tent, can you help with the spud games or activities, do you have a food handler or RSA certificate or are you just willing to help anywhere for an hour or two? All enquires most welcome. Please register now by contacting Nicole Stockton via email on nicole_stockton@me.com or phone 0403 764 037.

www.trenthamspudfest.org.au



Spudtastic fun, food, music, displays, children's games & activities, historical & machinery displays, spuds for sale and much more!

www.trenthamspudfest.org.au



SPRINGS MEDICAL CENTRE

We welcome Jeff Hood, Psychologist to our professional allied health team at Springs Medical Trentham. From April 20th, Jeff will be consulting every Friday from the Springs Medical Centre rooms at 22 Victoria Street, Trentham. Jeff has over 25 years experience as a Psychologist and has training in Gestalt therapy. Appointment bookings can be made by calling 5348-5564.

HOLY WEEK & EASTER SERVICE TIMES AT ST GEORGE'S ANGLICAN CHURCH

Palm Sunday - 1st April 9am Maundy Thursday - 5th April 10am Good Friday - 6th April 9.30am Easter Day - 8th April 9am

Normal Service Time Sunday at 9am.

A very Happy Easter to you all!!

Enquiries: The Rev'd Malcolm Thomas 5427 2460, Rector

Mixing mushrooms can have fatal consequences

The tragic deaths of two people in Canberra after eating poisonous mushrooms made news across the globe. The responsible species, commonly known as the Death Cap (Amanita phalloides), has caused more fungal poisoning fatalities worldwide than any other species. Death Caps also grow in Central Victoria.

The Death Cap reinforces the idiom of not judging a book by its cover. Ironically, or perhaps

cruelly, its appearance or smell doesn't seem to fit with the folkloric associations of witches, evil, death and decay. As with other forms of toxic Australian organisms, there are no warning colours, no flashing blue rings, threatening calls, repugnant smells or other such obviously repelling characteristics. Nothing apparent in its appearance hints at the cell-destroying toxins lurking within.

Unfortunately such tragedies

don't do much to raise the profile of fungi which have been relegated for centuries in a cloak of negative associations. Despite this unfairly tarnished history, the vital role of fungi in ensuring healthy ecosystem functioning cannot be overstated. Without fungi and their symbiotic relationships with the great majority of plants, almost all terrestrial life could eventually disappear.

There's plenty of tasty mushrooms that are already appearing this autumn for those who fancy an afternoon forest stroll, but only those who are absolutely 100% confident in their identification skills should pick wild fungi. If you want to be sure a Death Cap never lands in your basket, you might like to learn the basics of fungi identification by attending a seminar or workshop here in Trentham or elsewhere central Victoria. Further details: www.alisonpouliot.com.

Alison Pouliot



Hepburn Shire Budget 2012-13

Stay informed and involved in decisions that affect you

Council began preparing its 2012-13 budget in November last year and on Friday 20 April will release the proposed budget for community feedback.

If you're interested in hearing about decisions that affect your community, now is the time to speak to your councillor and to attend your next ward meeting. Cr Sebastian Klein will discuss priority projects in the Coliban Ward and explain the budget process in more detail.

Trentham budget information session

Cr Sebastian Klein will host a special Coliban budget information meeting on Monday 7 May at the

Mechanics Institute from 6-8pm. Here he will talk you through the specifics of the proposed 2012-13 budget and how it affects you.

All residents and ratepayers are strongly encouraged to come along to this meeting; this is a great opportunity to hear about priorities in the Colliban Ward (and shire -wide) and ask any questions you may have about the budget.

Make a budget submission

Written budget submissions are welcome and will be accepted for 28 days from Saturday 21 April. If you would like to make a written budget submission, speak to your councillor or visit www.hepburnshire.com.au for information.

Trentham District Primary School Happenings

Trentham D.P.S. tops the state in Year 5 numeracy in the 2011 National Assessment Program-Literacy and Numeracy (NAPLAN). The school is not only proud of the achievements of our current Year 6 students but of all



our students. Great effort by all!

In the past week visiting artist Anne Spudvilas taught the students how to illustrate books. She showed them how a book is constructed and edited and then

set tasks of writing and illustrating their own piece. All 65 student's books will be displayed at this year's Trentham Art & Craft Show. Ms Spudvilas was sponsored by the Trentham Easter Art & Craft Show.

The children had an excursion earlier this term to the Red Beard Bakery. The staff from the bakery showed the students around, they

watched bread being placed into the wood fired oven, watched wheat being turned into flour and the best part was they got to taste

test the scones!

In the last week we celebrated with Mr Parkinson for his retirement. The children had a class party and then afternoon tea followed where the school community past and present, staff past and present and community members got the opportunity to wish him well. Mr P has been part of our school for the past 18 years and his dedication to the school will be sorely missed and very hard to replace.

Trentham's Beautiful Trees

As autumn's cool evenings and clear blue skies set in, our street trees are a picture – from the huge oak in the grounds of the St Mary Magdelen's church to the elms in Market Street and Cosmo Road. What a gracious feature of our town they are.

Research by Trentham and District Historical Society confirms that our beautiful trees in Bridge Street and Cosmo Road were planted from 1918–1919. The trees, like all *oldies*, are becoming more fragile, especially the now rare stands of elms. The community contributed half the funds to create an Avenue of Honour to WW1 soldiers. These trees are truly a community asset and part of Trentham's social history.

Recognition of our Avenue of Honour by Hepburn Shire Council will enable signs to be erected designating our Avenue, signifying what an impact WW1 had on this community. It is believed a tree was planted for each enlistment from the area with 91 names on the Honour Roll, 1914–1919.

New Memorial Tree

Memorial trees were also planted

in the grounds of Trentham District Primary School and St Mary's Church School to commemorate fallen soldiers who were past students of the schools. As part of our ANZAC Day commemoration, TDHS, with the Kyneton RSL and Trentham District Primary School, will plant a memorial tree in the school grounds.

We would like anyone who has family, descendants or friends of any servicemen or women to join us for this dedication to commemorate all enlistments from Trentham and Districts.

Trentham District Primary School on Monday 23 April 2012

Ceremony to commence at 2.15pm, in new school hall.

Further information: Trentham District Primary School 5424 1364

Trentham at War: Boer War, WW1 and WW2

Trentham and Districts Historical Society publication.
Available soon.



Avenue of Honour, Bridge St TRENTHAM

picture: Carla Zapel Dec 2011



Russell, Brad and Judy removing holly from Stoney Creek Reserve at WeedFree Trentham's March 17th weeding session. Holly is one of the major woody weeds of the Trentham area along with gorse, broom and blackberry. Its large mature size enables it to shade out other plants and it produces a vast quantity of seed which is very attractive to birds, ensuring it's spread. It is a pest not only in bushland but also in gardens where seedlings can be overlooked and become mature trees. Its deep tap root makes it a difficult weed to remove once it is established. Small plants can be hand pulled or lifted with the help of a trowel or spade. Bigger plants can be cut off close to the ground and swabbed with neat roundup.

A window in time Trentham 1937 to 1949

I was five years old in 1937 when my family moved to Trentham to take care of my Grandfather who was a retired Cobb & Co Coach driver. Grandpa drove the Blackwood to Trentham (horse drawn) passenger and mail coach. We all lived in a neat little miner's cottage in Market Street, which still stands in pristine condition. The Trentham foundry employed most of the town's male population in those days and they manufactured the famous "Trewella Jack" which was carried by every army tank and bren gun carrier during World War 2 (1939-1945). I can remember how proud the Trentham kids were of our town and our foundry during the war years. The Boxing Day Sports at Trentham Falls and the foundry picnic at St Kilda

Beach/Luna Park were the highlights of my years growing up in Trentham. I idolised the football team who played in green guernseys with white TFC emblems. Trentham played in the tough Castlemaine league and the names of star players such as Laurie Scala, Ken Dunn, Danny Burns readily spring to mind. My family moved to Melbourne after my Grandfather passed away in 1948 and I have always retained a soft spot in my heart for Trentham and my childhood days. I also marvel at the wonderful town that Trentham has developed into during the past 63 years. Keep up the good work.

Frank Hart





Trentham Elderly Citizens Club or the Over

50's Club?

Scott Kerr (HSC) and I have been working on a revamp of the elderly citizen's group. While there was not a lot of interest in the group at our meeting in February we are working behind the scenes to keep the group going and think that it may work better as an over 50's group. What do you think? We are open to your thoughts and ideas and hope that the Trentham Community sees the value in this group. It has been in existence for a considerable number of years. I can remember helping my Nan with the book work when she was the Treasurer and I first started working for the State Bank. It would be a shame to see this group fold.

There is an opportunity for Trentham to work in with Daylesford and Creswick Seniors groups and Scott is in the process of organising a meeting with both those groups to see if this is possible and how it would work. It might be as simple as the Trentham Group participating in some of their activities and especially sharing in their planned excursions/bus trips. This will give the Trentham Group the opportunity to get out and about even if we are few in numbers.

So any over 50 that would be interested in getting on board with this group can contact me on 0425 618 297. Please give some thought to be involved, the possibilities are endless, we really just need the participants ©

Georgie Patterson

Be in Control of Your Retirement!

Establishing a Self Managed Superannuation Fund (SMSF) enables you to have:

- Control over the assets of the fund
- · Transparency of fees
- Ability to borrow to purchase certain investments
- Quicker strategic decision making
- Greater investment options including direct property
- Asset protection
- Ability to make "in-specie" contributions
- Flexibility of tax planning strategies

Have you reached preservation age and considered a Transition to Retirement Income Stream (TRIS)?

TRIS is a type of income stream that can be drawn from a superannuation fund on reaching your preservation age whilst continuing to work, the benefits of a TRIS include:

- Provides a member with a cash flow whilst reducing their working hours as they ease into retirement
- Any earnings on assets financing your TRIS are exempt from tax in the fund
- TRIS allows you to enter into a tax effective recontribution strategy
- TRIS paid to members over 60 years of age are tax free

To discuss further please contact Andrew Marshall or Janine Orpwood - 54273790 (85 High St, Woodend)

Langley McKimmie

www.langleymckimmie.com.au E: info@Imadvisors.com.au

The Tooth Fairy brings a Dentist to School

Hepburn Health Service (HHS) and Trentham District Primary School are working in partnership to implement the Health Promoting Schools framework within the school community. This project has resulted in the formation of a Health Action Team (HAT) consisting of parents, students, teachers and the HHS Trentham Community Health Nurse.

The HAT agreed to concentrate on the following important health issues;

- healthy eating
- oral health
- mental wellbeing.

Currently a series of cooking classes focussing on healthy, cheap and easy recipes is being conducted at Trentham Neighbourhood Centre. So far the classes have been a great success with 11 attendees learning some new techniques, delicious recipes and enjoying the social aspects of preparing and eating food together.

Funding made available through the Federal Government Rural Primary Health Services initiative has made it possible for HHS to assist with the further development of the school garden through the purchase of equipment including wheel barrows, spades, 70 pairs of children's gardening gloves and fruit trees

Along with the 'tooth fairy', HHS dentist Susan Hardy visited the Primary School to talk to children and parents about caring for teeth including how to clean teeth and eat well to avoid tooth decay.

It is planned to conduct some stress management and relaxation programs for members of the school community in term 2.

Cynthia Williams Community Health Nurse



Samantha Redlich Transforming Body, Mind & Spirit

Group Fitness Instructor Personal Trainer 0433 848 292 For Group Fitness & Personal Training Timetable: Refer www.vlinder.com.au All fitness levels welcome!

samantha.redlich@vlinder.com.au

Bring Family & Friends to the Trentham Mechanics Institute for the Easter Art & Craft Show

Easter is almost here and with it the Trentham Easter Art & Craft Show, from 6^{th} to 9^{th} April.

This year's show will showcase Artists and Crafts People with a diverse range of talents, from all around the region and further afield.

It promises to be a great show and our project for money raised at this year's show will be stocking our new Trentham Library with Art & Craft Books for everyone to enjoy.

Join us at the Opening Night, Thursday 5thApril and have an early preview of what will be on show, as well as having a chance to purchase before anyone else! If you haven't already booked you can still pay at the door, it's just \$15 per person for a delicious supper and wine while also enjoying the wide range of works being shown.

Come along over the Easter Weekend, see the talent that surrounds us and be part of voting for the People's Choice Art & Craft Awards.

Enquiries Phone -

Lyn on 5424 1199 or email: lynw50@internode.on.net OR

Jill on 5424 1483 or email: jillmccallum@live.com

Term Two will see some changes to our program. We have introduced a number of new courses; guitar lessons, salami making, a digital photography course, and internet banking, to name a few.



a small centre with a warm welcome

Do you have trouble navigating your way around the modern world? It used to be nice to walk into a bank and be served by a person but now we are all encouraged to do our banking online. This does have advantages; you can do it at home from your arm chair, you can do it when you feel like it not just when the bank is open, and you can move money around without incurring cost. So what's stopping you? Fear of internet banking? Making your way around a website? Well if you want to have the advantages of the internet but have been unsure, come and join Kerry who will steer you towards full knowledge of how it is done.

Did you know you can make your own salami? Join Paul to learn how to mix a salami but also learn about basic food hygiene and micro biology. A must for all budding cooks who would like to extend knowledge.

Trentham Neighbourhood Centre offers more than just courses to the community. You can hire the venue for your meeting, party or rehearsal. We also have partnerships with other community organisations like Hepburn Health. This particular partnership has enabled us to host cooking classes at no cost.

If you are new to town drop in and say 'Hello'. And even if you are not we would love to meet you. We are open Monday to Thursday 9:30-4pm and most Friday mornings. We can be contacted on 5424 1354 or Trentham@ourneighbourhood.org.au.

We hope to see you soon.

Victoria Wells, Coordinator



WEATHER FEBRUARY 2012

It's been a humid and at times pleasant summer, no extremes of heat compared to the past few years. With all the humidity this summer it was a matter of time before some serious rain arrived and it certainly arrived in the second half of February! The first half of the month was rather dry and mild, warmer weather developed after the 14th and with this warm spell came the first bout of rain and storms, between the 15th and 29th there was no less than 10 days of rain. The wettest February for some years commenced after a sultry spell between 23rd and 25th when 48mm fell on the 26th, this rainfall was accompanied by torrential thunderstorms and local flash flooding. Looking at temperatures, the warmest day managed only 31.2°C on the 25th, there were a number of days however scattered through the month when the temperature failed to exceed 16° C, overnight temperatures were on the mild side with coldest night falling to 6.2° C on the 8th. The windiest day affected the region on the 5th with gusts between 50 and 60kph. With the close of summer and the heavy rain at the end of February our pastures were in fine shape with adequate ground moisture. The prospects for the coming autumn appear very good for the local farmers and many creeks and rivers have a reasonable flow, all water storages are either full or overflowing.

HIGHEST MAXIMUM 31.2°C 25TH LOWEST MAXIMUM 15.1°C 7TH

HIGHEST MINIMUM 17.8°C 26TH LOWEST MINIMUM 6.2°C 8TH

RAINFALL 144.8MM (ave 60mm)
WETTEST DAY 48.6MM 26TH
RAINDAYS 17
THUNDER DAYS 3
HAIL 1
WINDIEST DAY 52KPH 5TH

Please note. Australian Sky and Weather are heading to the USA for our annual storm chase season! and video production schedule and we will return in late June. Although we will endeavour to maintain the weather reports they may end up as shorter versions....best regards from AUSSKY Trentham Australia

Landcare Report

The Landcare Network comprising representatives from 13 Landcare groups around Kyneton has been funded to employ a part-time Facilitator. Trevor Barker has been appointed and will explain his support role at the Trentham Landcare meeting on 11 April.

A second part-time position has been funded by the Blackberry Taskforce and Michael Keaney from Trentham has been appointed.

Last year our group used the Hepburn Shire annual grant to mulch the weeds at Alexanders Paddock which is a block managed

by Parks Victoria next to Enders Bridge. A recent grant received through the Catchment Management Authority is funding a flora survey at this reserve and at Trentham Falls, this will be followed by weed control.

TRENTHAM RESERVES

Funding has been received through a Landcare grant to have weeds sprayed at Bath Street Reserve and at the Racecourse Reserve. This process was started this week with spraying of blackberries and broom on the perimeter of Bath Street Reserve.

At Stoney Creek Reserve the

Bowling Club organised to have slashing done to offset their annual rent. A team of local farmers made short work of the grassed area on the Western side of the creek. Some of this area will be planted with native trees and grasses at the next working bee. If you would like to help call Andy Robertson on 54241100.

Work is about to commence on renovating the walking trail along Stoney Creek which was damaged during the floods last Summer. The track will be built up with additional culverts installed.

Friends of Trentham Station

The big news this month is that the Information Centre, located in the Station Building, has expanded into the big room and now includes a much larger display area, as well as additional sale items. Many thanks to all those concerned that made this happen.

Current works around the Station will see some additional fencing, the finishing of the verandahs as part of the market and some work on the carriages in preparing them for winter.

As many of you may not know,

Friends holds all the railway leases from Trentham to Bullarto with the hope of one day seeing the train from Daylesford return to Trentham, which would be a huge boost to the town and businesses. Maintaining the leased land is certainly no easy task for our small group, and currently the group working on the cycling and rail trail are meeting with Council to secure some funding for maintenance. Also put forward is a proposal/commitment by DSE to spend money on installing a culvert bridge over the Coliban River as the old trestle bridge is a

safety concern.

By the time you read this, the Macedon Ranges Car Rally and fundraiser for the Trentham Playgroup will have used the station as their morning tea break, again showcasing the Station as a location that provides an ideal stopover for larger groups.

Many thanks to all that work tirelessly to ensure the Station remains in community hands. Anyone wishing to assist, we meet at the Station on the 1st Monday of each month at 7.30pm.

Enquiries - Ross 54241509

Trentham Community Garden

The Community Garden recently held their AGM at which a new committee was voted in. The new committee is energised and committed to creating a successful garden which the whole community can enjoy. Negotiations are underway to secure a \$5,000 Grant from the Hepburn Shire Council. Every fourth Sunday members of the garden will be working away; planting, weeding and tidying up plots. Everyone is welcome to come and participate, get your hands dirty and maybe

even take away some green vegies for your evening meal! New members are always welcome.

What's good for you in the garden this month? April is a good time to plant your brassicas – brussel sprouts, cabbage, cauliflower, kale etc. This is also the time to plant beetroot, broad beans, garlic, lettuces, snow peas, spinach and shallots ... and herbs, parsley, chives, coriander.

Handy hint – it's a good time to get

rid of your slugs and snails using beer traps. Pour some beer into a bowl and leave out in your garden ...

Brussell sprouts are of full of Vitamins A and C, folic acid and minerals – calcium, iron. They are believed to protect one against colon and other cancers – and are also purported to assist in boosting DNA repair. Best prepared steamed or roasted for full benefit.

Saskia Post

Words in Winter Committee Members & Content Wanted

Are you a budding writer, do you have a secret drawer full of your musings, do you put pen to paper on occasion and come up with prose or poetry, or perhaps you have developed a play that needs airing? Whatever your muse or musings, we would love to hear from you. Perhaps you have a love of reading and are inspired to create an event for the Words in Winter Festival. We are looking for content for the program in August and are also looking for new committee members to join up and be a part of creating a wonderful Trentham Festival weekend.

Words in Winter Trentham is host to the iconic Bush Poetry sessions, a short story competition, workshops and more ... You may have a business in town that could host an event, in any case we are very open to suggestions. Please contact Saskia on 0418 257 156 or at saskiapost@iinet.net.au, we would love to hear from you.

Fire Safety Project Update

At the Steering Committee Meeting at the end of February, it was decided the Project will be known as the "No One Left Behind" (NOLB) Project and the main focus in this initial phase is connecting with the community and working together, along with building on local knowledge and promoting resources available about fire awareness and community safety.

The Project will be looking to investigate and establish ways to protect and mobilise the township in the event of fire or a town emergency. Identifying all those who may have difficulty leaving the township in a life threatening situation will be crucial. This is a challenging aspect and extensive consultation and creative solutions including the consideration of the use of telephone trees will be an important part of the Project.

I can be contacted at the following: Mary Hogarth 0437 707 835 or 5424 1354 (leave a message on either and I will return your call) or email trenthamnc3t@gmail.com.

Upcoming Films

7th April GOSFORD PARK (UK, USA, Italy, 137Min, Drama/ Mystery)

Dir. Robert Altman Lang: English



A multiple story-lined drama set in 1932, showing the lives of "upstairs guest" and "downstairs servants" at a weekend shooting party. As the weekend goes on and secrets are revealed, it seems everyone, above stairs and below, wants a piece of the man of the house, William McCordle. A fantastic cast of thousands, starring Maggie Smith, Michael Gambon, Kristin Scott Thomas and Alan Bates, just to name a few.

5th May MOTHER (S. Korea, 2009, 128Min, Crime/Mystery/Drama) Dir. Joon-ho Bong

Lang: Korean

A mother lives quietly with her twenty-eight-year-old son, Do-joon, providing herbs and acupuncture to neighbours. One day, a girl is brutally murdered, and Do-joon is charged with the killing. What shall a mother do? Starring Hye-ja Kim, Bin Won and Ku Jin.

Films are screened on the first SATURDAY of the month (Feb to Nov) at 7.30pm at the Trentham Neighbourhood Centre. Membership is \$50 for a full year (10 films) or \$25 for a half year (5 films). Be our guest at your first screening. Programmes available at the TNC.

Trentham Station Market (operated by Friends of Trentham Station)

Last market saw a few new stall holders which we welcome to our unique site along with all our regulars. Again, this is showing that our expanded advertising is working and bringing people into town. Our new road signs, currently with the signwriter, will be available for the April market.

The roof of the verandahs will be completed shortly along with the rest of the painting before winter really sets in. This will then provide additional cover for our workers, and also provide covered areas for seating.

Permanent marking of sites is happening which then makes it easier for anyone to identify our preferred areas for stalls. Special thanks this month also must go to those special people who are assisting the committee with the market. Your contribution makes life a little easier, thanks.

Our next markets are April 22nd & 29th and May 27th. April 29th, being the 5th Sunday, will also include a Car Boot sale, which gives you a chance to clear out some of the excess we all accumulate.

Enquiries - Ross 54241509

Happy Marketing

Trentham Sportsground Reserve

The Reserve offered camping over the "Chillout Weekend" and hosted around 30 visitors. We also offered a cooked breakfast and liaised with campers about the things that they would like to do while in Trentham. There is an opportunity for Trentham to be more involved over the Festival and I urge you all to get your thinking caps on and run some events that will maximise fundraising opportunities for your group. The feedback was very positive and the Committee is looking forward to being involved on a regular basis.

The Committee, together with the Trentham Football Netball Club,

have a lighting application in with Sport & Recreation and we hope to be successful in our funding bid. The total cost of the project is in the vicinity of \$175,000 and will provide the Reserve with a much needed upgrade of electricity supply to the ground and new lighting poles and upgraded globes (LUX) that will be of immense value to the Football Netball Club. It needs to be remembered that this is not just a football ground; it is the pickup point for the air ambulance, a staging area for the CFA and an evacuation point for Arch chemicals. So the project has far reaching advantages for our

Community.

RDAV will be again holding their fundraising ride in Trentham with the Reserve being the base camp. Around 400 people will be here along with their horses. This is a huge event with a lot of volunteers and we wish them happing riding but most of all some good weather. Please be aware that the Reserve will be unavailable to the Public from March 30th through to April 6th. Those of you that exercise your dogs at the Reserve will need to make alternative arrangements.

Georgie Patterson Hon Secretary

Trentham Fitness

Autumn is here. We've enjoyed the warm buzz of summer and sprung into shape during spring, now it's time to shed old ways, and allow the beauty of change to color us as it does Trentham's leaves.

What old ways do you want to shed this autumn?

If you are like many of the community members I've spoken to recently, perhaps the way you look after your body needs a makeover. This body of yours is the only one you've got and it is going to take you through the whole of your lifetime. Just like a vehicle, if you treat it well, nourish it with the best fuel and regularly service it, you will reap the benefits.

A fantastic way of nourishing yourself is through exercise, which the Trentham community has taken up with gusto, however exercise alone is not enough. It is well known in the fitness industry that 20% of our client's weight and health problems are due to lack of exercise but the other 80% is purely diet related!

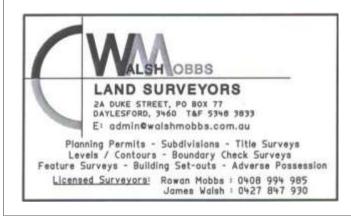
Ok Trentham we've got our New Year's resolution to exercise more well underway, it's time now to take the next step and change our eating habits. Below are some diet tips that may help you to begin this process.

- Eat clean (foods in original form)
- Reduce portion sizes

- Drink water instead of soft drink, alcohol
- Eat dark chocolate instead of milk chocolate, limit to 2 squares per day
- Eat breakfast
- Eat small meals every 3-4 hours
- Ensure calories in = calories expended
- Give yourself 1 night off per week and enjoy your favorite food.

For those of you who are experiencing Trentham's autumn change for the first time ... Enjoy! For the rest of us Embrace!

Samantha Redlich





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Saints Soar to Victory!

Sandra Mahar

The Trentham SAINTS hosted the Trentham Cup and the Leith Dicker Perpetual Trophy in March and took out both prizes. With three teams in contention for the Trentham Cup, the SAINTS took on Woodend-Hesket in the first round. Playing tough hard on-ball footy, the midfield combined well, controlled the midfield and made the most of every opportunity. SAINTS finished the first half with 3.2 (20) to Woodend-Hesket's 1.2 (8).

Woodend-Hesket came out strong in the second half and quickly closed the gap with an immediate goal. SAINTS defended well and brought the ball through their midfield with Cam Baker on the run putting through a great goal. A quick return goal from Woodend-Hesket had them snapping at the heels of the SAINTS who fought back to take out their first victory against Woodend-Hesket in many years winning 5.5 (35) to Woodend-Hesket 4.4 (28).

Trentham SAINTS final match of the day was against Talbot and finished with 8.3 (51) to Talbot's 4.6 (30), and taking out the Trentham Cup.

As well as winning the Trentham



Ty Priest and Mitch Vila holding the Leith Dicker trophy

Cup, the SAINTS took the Leith Dicker trophy. An annual tradition between Trentham and Woodend-Hesket involves the sides playing in memory of Leith Dicker, who was involved with both clubs.

The SAINTS Under 17s played an exhibition game against Talbot and won comfortably with 6.9 (45) to Talbot's 1.7 (13).

Three netball games were also played involving the SAINTS, Woodend-Hesket and Talbot. Carly Cameron made her coaching debut for the SAINTS

and had a well drilled team ready to take the court. Strong defence kept the ball coming up the court and excellent shooting had the girls continue on with their game plan to take out a 21 goals to 12 victory.

The final match between Trentham and Talbot saw the SAINTS lead 14 goals to 6 at half time. Carly made some positional changes and the girls kicked into action, taking a strong lead in the second half to win 35 goals to 10.

The Bendigo Bank presented cheques to both the Trentham SAINTS senior side for winning the Trentham Cup and the Trentham netball team for their winning efforts on the day.



Netball player Brooke Scholes receives a cheque on behalf of the SAINTS from Trentham & Districts Community Bank Branch Manager David Lawrence



ONGOING EVENTS

MONDAY (weekly)

Peace Meditation 9am-10am Neighbourhood Centre Gold coin donation to TNC Eng: Henk Bak 5424 1702

Youth Group (except school holidays) 4pm-6pm Neighbourhood Centre Eng: Brendan 5424 1402

Line Dancing (except school holidays) 7pm-9pm at Trentham Sportsground \$10 Enq: Chris/Lee 5424 1571

1st MONDAY (monthly)

Trentham Sustainability Group 7.30pm at Uniting Church Hall Enq: Glenda 5424 1727

CWA

11am-1pm at Mechanics Hall Subject to change depending on activities Enq: Lyn 5438 5568

> Friends of Trentham Station 7.30pm at Historical Railway Meeting Room Enq: Kaye/Leigh 5424 1446

3rd MONDAY (monthly)

Trentham Hospital Auxiliary
10am at the Hospital
Eng: President, Nancy Walsh 5424 1398

Free Bus to Wendouree Departs Trentham 9am. Bookings essential. Eng: Judith 5368 6697

Trentham Historical Society Committee Meeting 2pm at Old Police Station Eng: Susie 5424 1272

4th MONDAY (monthly)

Trentham Historical Society
Working Bee 2pm at Old Police Station
Eng: Susie 5424 1272

TUESDAY (weekly)

Trentham Playgroup 10am-12pm at Mechanics Hall \$3 per family Bring a piece of fruit to share Enq: Kerryn 5424 1646/Karen 5424 1141

2nd TUESDAY (monthly)

Trentham Car Club 7.30pm at Trentham Hotel Eng: John 5424 1166

WEDNESDAY (weekly)

Table Tennis (April—September)
7pm at Mechanics Hall
Enq: Irene 5424 1294

2nd FRIDAY (monthly)

Old Time Dance 8pm at Mechanics Hall \$8 per person Next Dances—Apr 13 & May 11 Eng: Elizabeth 5424 1254

1st SATURDAY (monthly)

Trentham Film Society
7.30pm at Neighbourhood Centre
Enq: James/Brad 5424 1126 /
Maria 5424 1237

Community Mini Market 9am-1pm at Neighbourhood Centre Eng: 5424 1354

> Trentham Adult Riding Club Enq: Katherine McWade 0403 962 811 / 5423 9261

3rd SATURDAY (monthly)

Trentham Farmers Market 9am-1.30pm at Town Square Eng: Tracey 5424 1185 / 0419 528 458

Trentham Makers Market 9am-1.30pm at The Cosmo Footpath Enq: Ruth 5424 1470 / Janine 5424 1535

Weedfree Trentham 1pm-4pm at various locations Enq: Jan 5424 1100 / Brad 5424 1126

4th SUNDAY (monthly)

Trentham Station Market 9am-2pm at Historical Railway Grounds Enq: Kaye/Leigh 5424 1466

> Trentham Community Garden 9am beside Historical Railway Enq: Saskia 0418 257 156

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TRENTHAM

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TRENTHAM

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TRENTHAM

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